



## ***We Can Help***

If someone you know is experiencing symptoms that you feel may be warning signs of schizophrenia or early psychosis, it's important to have the right information before making a potentially life-changing diagnosis.

The Felton (re)MIND<sup>®</sup> program can help.

Targeted at Alameda County residents between the ages of 15-24, the Felton (re)MIND<sup>®</sup> program treats youth and young adults who are experiencing the recent onset of psychosis.

## **The Right Decision**

(re)MIND<sup>®</sup> is a program of Felton Institute.

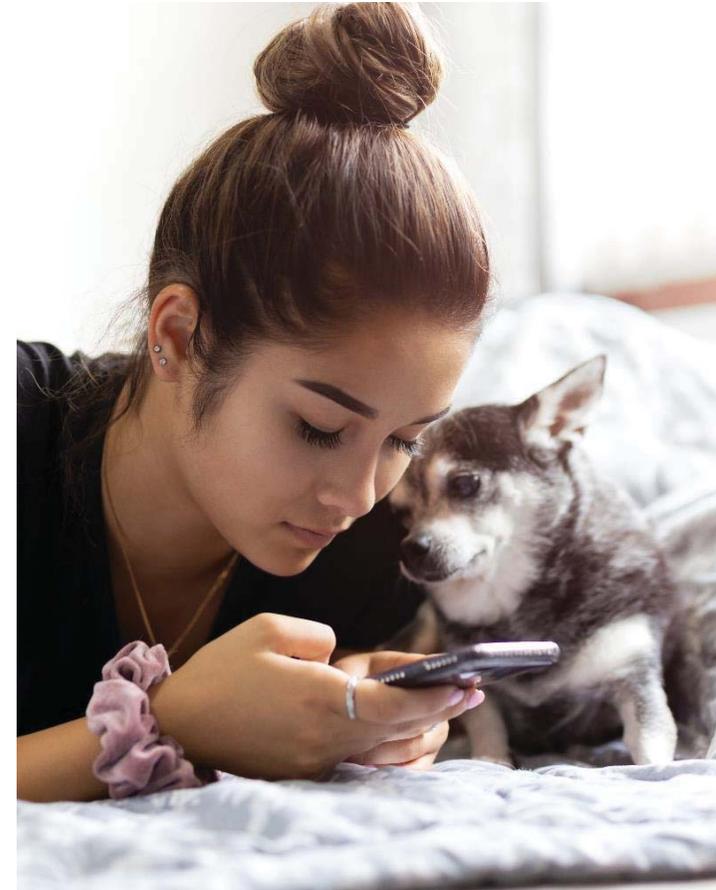
The (re)MIND<sup>®</sup> program is committed to transforming the treatment and perception of early psychosis by intervening early with evidence-based, culturally competent assessment, diagnosis and interventions, so that young people can learn skills to manage the ups and downs of the recent onset of psychosis.

If you or someone you know might benefit from (re)MIND<sup>®</sup>, check us out at

***[feltonearlypsychosis.org](http://feltonearlypsychosis.org)***

or call  
**(510) 318-6100**  
for referrals

(re)MIND<sup>®</sup> Alameda  
1005 Atlantic Ave.  
Alameda, CA 94501



*“Is this just a phase, or could it be something more?”*



**Alameda County**



## *The Road to Recovery Begins With (re)MIND®*

*With early diagnosis and a comprehensive roster of evidence-based practices, (re)MIND® follows a model considered a breakthrough in the treatment of psychosis.*



## Get answers with (re)MIND®

If a teen or young adult you know is behaving differently and/or feeling distressed by:

- Unusual thoughts and beliefs
- Hearing voices or sounds that others can't hear
- Seeing things that others can't see
- Experiencing disorganized thinking or behavior

They may be experiencing psychosis or other symptoms related to high risk for a first psychotic break.

A (re)MIND® assessment is the first step.

After an initial screening to check if (re)MIND® services are a good fit for them, a clinician will conduct a rigorous, research-validated diagnostic assessment.

Appointments can be scheduled at the (re)MIND® office or other private location of choice.

Psychosis (particularly schizophrenia spectrum disorders) carry such an overwhelming stigma that those who may be experiencing symptoms, or know someone who is, don't feel like talking about it.

With early detection and intervention, schizophrenia and other psychotic disorders are manageable and treatable.

The Felton (re)MIND® team understands early psychosis and is here to support teens, young adults and their loved ones through the entire process.



(re)MIND® Services Include:

- Rigorous, Research-Validated Diagnostic Assessment
- Individual Psychotherapy with Cognitive Behavioral Therapy for Psychosis (CBTp)
- Strength-Based Care Management
- Employment and Education Support
- Algorithm-Based Medication Support
- Multi-Family Groups
- Peer and Family Support
- Integrated Substance Use Treatment
- Community Outreach and Education

