

The PREP program is a community partnership between The University of California, The Family Services Agency of San Francisco, The Mental Health Association of San Francisco, Sojourner Truth Foster Family Service Agency, Larkin Street Youth Services, and Child Crisis Community Behavioral Health Services – Department of Public Health.

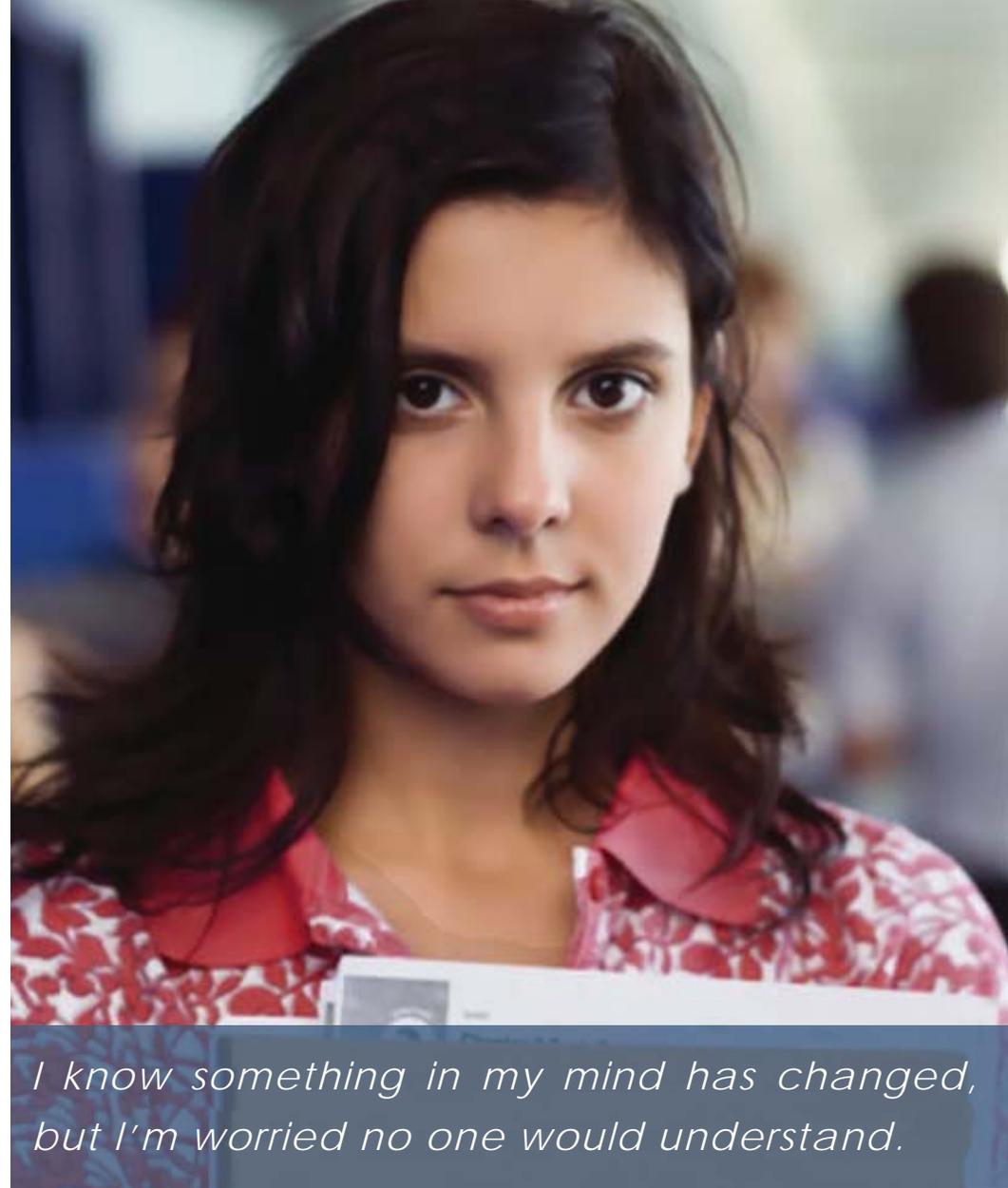
PREP is committed to transforming the treatment and perception of early psychosis by intervening early with evidence-based, culturally-competent assessment and diagnosis so that in 5 years most cases of psychosis are treated to remission. Our mission is to deliver comprehensive, conscientious and multi-faceted treatment grounded in wellness, recovery and resilience to people experiencing signs and symptoms of psychosis, as well as their families.

*Take an assessment survey and get much more information at [www.prepwellness.org](http://www.prepwellness.org)*

*Call us at 415-476-7278*



*Follow PREP SF on:*



*I know something in my mind has changed, but I'm worried no one would understand.*





## PREP Understands

If you – or someone you care about – are having unusual thoughts, difficulty concentrating or are hearing things that others don't, PREP wants to help. These types of symptoms are more common than you may think - 1 in 5 teens are affected by them.<sup>1</sup> But if they have been persisting for an extended period of time or increasing in severity, they may be among the first warning signs of early psychosis.

That's why it's important to seek help and find out what's happening to you as early as possible.

(Or to encourage your friends to do the same.)

<sup>1</sup> Source: "Teens Disproportionately Affected by Mental Disorders" by Traci Pedersen, *Journal of the American Academy of Child and Adolescent Psychiatry*, October 2010.

## Know What's Up – Get a PREP Assessment



Prevention and Recovery in Early Psychosis is a comprehensive early-intervention treatment program for early psychosis – which uses an individualized roster of services to create a plan designed to put people experiencing these symptoms back on track.

It begins when you call or email us to set up an assessment - you can even take a short survey on our website ([www.prepwellness.org](http://www.prepwellness.org)) which will tell you whether we recommend you set one up. If so, you and your loved ones will then talk to a clinician who will conduct a thorough review of the symptoms you have been experiencing. After that, you'll know if you need treatment. And if you do, you are already in the right place!



PREP works with you and your loved ones to create a treatment plan that works with your individual strengths and needs to recover your mental wellness, and ensure that you and the people that care about you have the support you need throughout the treatment process.

The road to recovery begins with PREP.

*Get a PREP assessment today.*

*The earlier you know what's up, the better.*

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