

The PREP program is a community partnership between The University of California, The Family Services Agency of San Francisco, The Mental Health Association of San Francisco, Sojourner Truth Foster Family Service Agency, Larkin Street Youth Services, and Child Crisis Community Behavioral Health Services – Department of Public Health.

PREP is committed to transforming the treatment and perception of early psychosis by intervening early with evidence-based, culturally-competent assessment and diagnosis so that in 5 years most cases of psychosis are treated to remission. Our mission is to deliver comprehensive, conscientious and multi-faceted treatment grounded in wellness, recovery and resilience to people experiencing signs and symptoms of psychosis, as well as their families.

Take an assessment survey and get much more information at www.prepwellness.org

Call us at 415-476-7278



Follow PREP SF on:





Know what's going on... with PREP

If you – or someone you care about - are having unusual thoughts, difficulty concentrating or are hearing things that others don't, PREP wants to help. These types of symptoms may very well be associated with stress and anxiety, but they could also be something more serious. They can even be among the first warning signs of early psychosis.

That's why it's really important that you seek help to find out the truth about what you are experiencing - as early as possible. (Or to encourage your friends to do the same.)

A PREP Assessment will provide the answers you need



PREP is a comprehensive early-intervention treatment program for early psychosis – which uses a roster of services to create a plan designed specifically to get you back on track.

It begins when you call or email us to set up an assessment. You can even take a short survey on our website - www.prepwellness.org - which will tell you whether we think you need an assessment. If so, you will make an appointment with a clinician who will conduct a thorough review of the symptoms you have been experiencing. You can bring along anyone you choose. After that, you'll know if you need treatment. And if you do, you'll already be in the right place!



PREP works with you to create a treatment plan that works with your individual strengths and needs to recover your mental wellness, and ensure that you and the people that care about you have our support throughout the treatment process. The road to recovery begins with PREP.

Get a PREP assessment today. It's better to know what's up than to wonder.

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