



## Work with PREP

If a client is experiencing symptoms that you feel may be warning signs of schizophrenia or early psychosis, it's important to have the right information before making a potentially life-changing diagnosis.

PREP can help. Targeted at San Francisco County residents between the ages of 14-27, the PREP program treats youth who are at Ultra-High Risk or are experiencing Recent-Onset Psychosis.

The PREP program is a community partnership between The University of California, The Family Services Agency of San Francisco, The Mental Health Association of San Francisco, Sojourner Truth Foster Family Service Agency, Larkin Street Youth Services, and Child Crisis Community Behavioral Health Services – Department of Public Health.

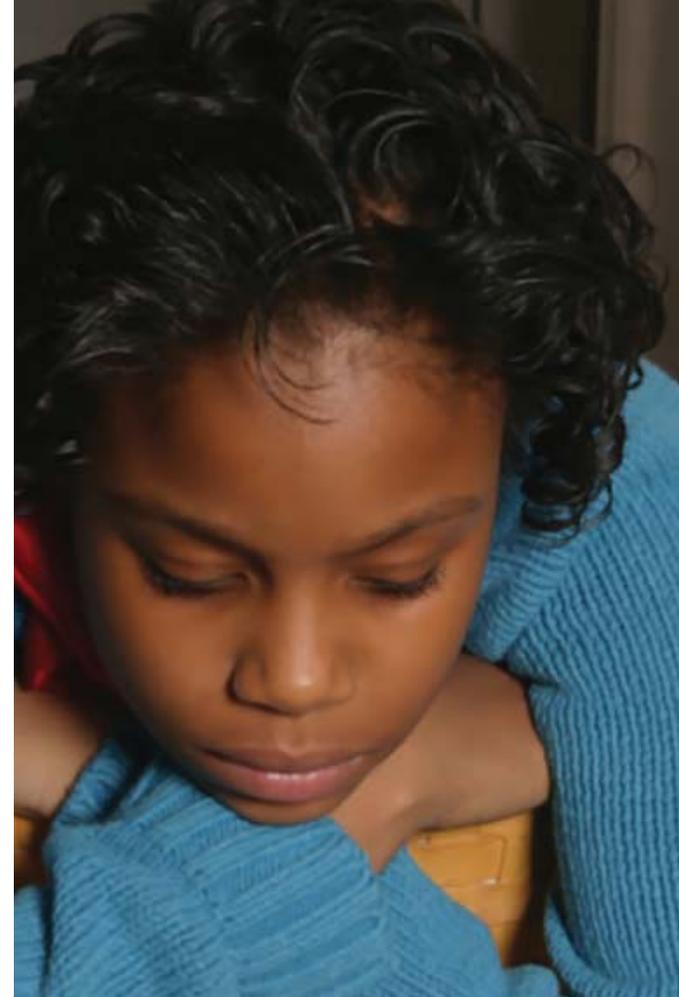
PREP is committed to transforming the treatment and perception of early psychosis by intervening early with evidence-based, culturally-competent assessment and diagnosis so that in 5 years most cases of psychosis are treated to remission. Our mission is to deliver comprehensive, conscientious and multi-faceted treatment grounded in wellness, recovery and resilience to people experiencing signs and symptoms of psychosis, as well as their families.

*Complete an assessment survey for your client and get much more information at [www.prepwellness.org](http://www.prepwellness.org)*

*Call us at 415-476-7278*



Follow PREP SF on:



*Do you know what to do if you suspect a client is experiencing signs of early psychosis?*





# The Road to Recovery begins with PREP



## Prevention and Recovery in Early Psychosis – The PREP Program

Using early intervention and rigorous diagnosis, as well as a comprehensive roster of evidence-based services, the PREP program is considered a breakthrough in the treatment of early psychosis.

### Services:



There is overwhelming evidence to suggest that intervening early has big benefits:

- Suicide risk is halved
- Over 50% will have a secure job
- Caught very early, it is possible to delay or prevent the onset of a psychotic illness

PREP will work with clients' strengths to design an individualized treatment plan that will support them throughout the process and get them back on track to a productive life trajectory.

Services include:

- Intensive Care Management
- Multi-Family Group Therapy
- Medication Management
- Cognitive Behavioral Therapy
- Neuropsychological Testing
- Educational & Vocational Support
- Substance Abuse Treatment

### Help us get people the help they need



As you know, schizophrenia and psychosis carry such large stigmas and overwhelming images with them that those who may be experiencing symptoms – or know someone who is

– are extremely reluctant to disclose them. So large, in fact, that some mental health professionals are even reluctant to diagnose them. That's why we need your help getting people the right information and encouraging them to come forward to get the right treatment.

If you have clients you feel would benefit from this program, call PREP today to complete a phone screen with a PREP staff member. Or you can go to our website and have your clients complete a short survey which will recommend whether or not they should come in for a full assessment.

Let's work together to make it easy for people to get the treatment they need.

**The road to recovery begins with PREP.**



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